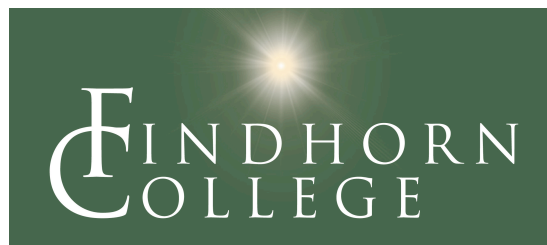


The TRAPESE Collective

Taking Radical Action through Popular
Education and Sustainable Everything



Do It Yourself!

Exploring tools for empowerment and grassroots social change

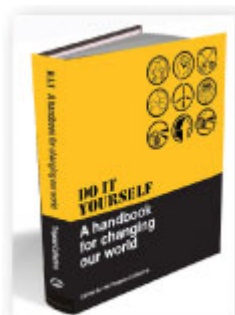
Sunday 22nd March – Friday 27th March, 2009

at the Findhorn Foundation

The main aims of the course are to share with participants tools, knowledges, and initiatives which can be used to empower themselves and their communities, and inspire positive social change, based on co-operation and solidarity.

Can we manage our own lives and communities at the grassroots rather than retreating into fear, blame and stereotypes or looking to others to solve the problems? Many people believe that the answers to the big questions lie in community empowerment, bottom up organising.

This course provides a chance to become confident using a range of techniques designed to this end and to clarify our visions for the potential of these approaches. We will also put aside time to deal with the emotions and doubts raised and include a range of short films and contemporary case studies.



The course will draw on the book *DO IT YOURSELF – A Handbook for Changing Our World* edited by TRAPESE (see handbookforchange.org). It will also include material from the *MA in Activism and Social Change* at Leeds University, run by Dr. Paul Chatterton.

Since 2004, TRAPESE has worked with hundreds of different groups with the aim of bringing people together to discuss the big issues of our time, such as climate change and the global economy. We are a not for profit collective motivated by a passionate belief in the power of learning together

The course leaders are:

Dr Paul Chatterton, a senior lecturer in Geography at the University of Leeds. Paul is a co-initiator of an urban ecovillage initiative in Leeds and runs a Masters programme in *Activism and Social Change* (see www.activismsocialchange.org.uk).

Alice Cutler lives in Bristol and is a freelance popular educator with ten years experience in community campaigning, training workshops and education on climate change and migration issues.

Course Price: £400 (high waged); £325 (low waged); £250 (community workers, charity employees and unemployed). Prices for the week include the course, shared room accommodation and three meals per day. There is also a non-residential option which is £100 less (this includes the course and one meal a day).

Booking Contact: college@findhorncollege.org or (01309) 678063.

